#### Too Low!!! - Too Slow!!!

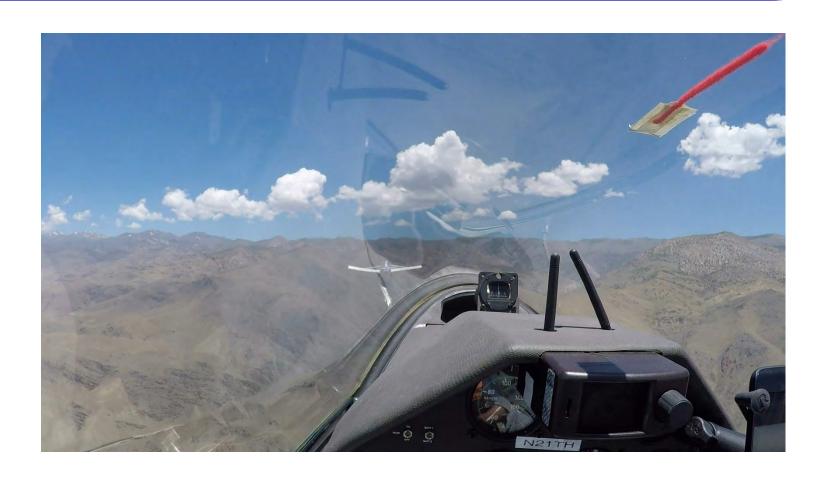




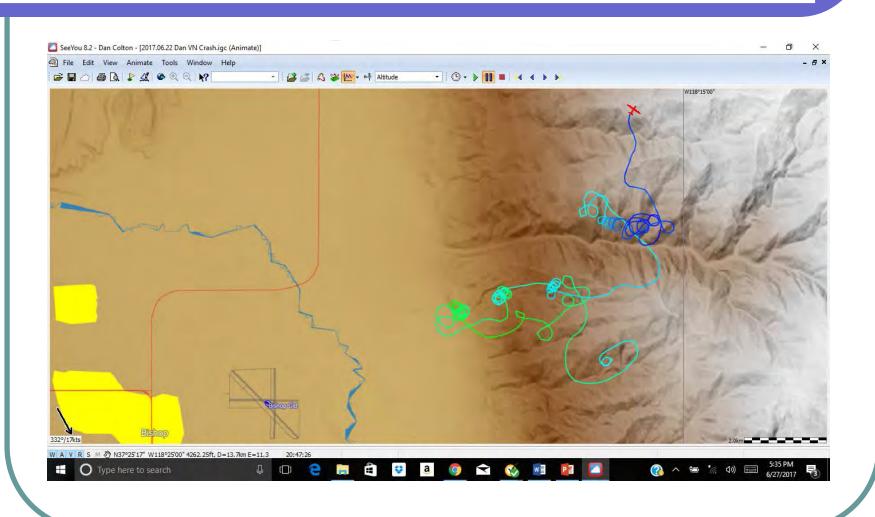
# The Day I Crashed Onto the Whites

By: Dan Colton

# The Flight



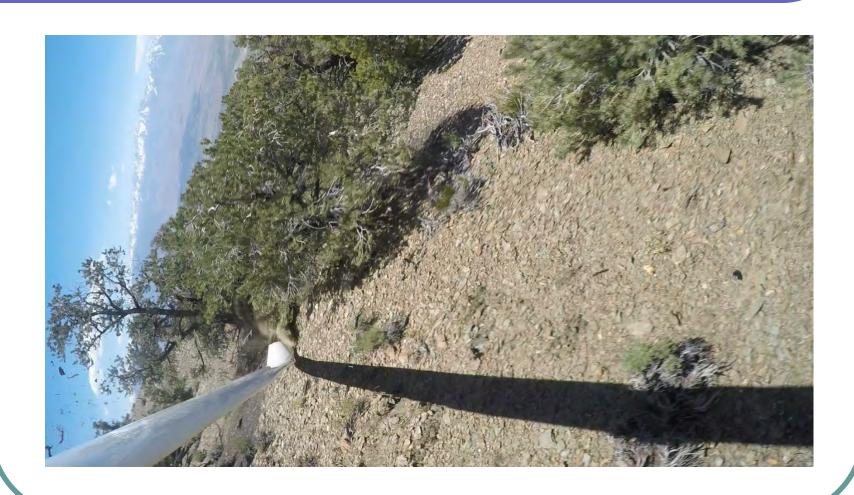
#### The Trace























#### Now What Do I Do?

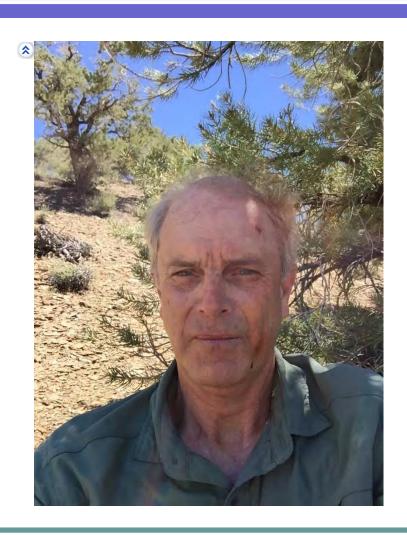
\*

I JUST CRASHED INTO THE SIDE OF A MOUNTAIN AND THE GLIDER HAS FINALLY COME TO A STOP. BLOOD IS RUNNING DOWN MY FOREHEAD, BUT I AM ALIVE. I NEED TO GET OUT OF THE GLIDER AND SEE HOW BADLY I AM INJURED.

# The Carnage



# But I'm OK



### Safety Cockpits Work





# The Rescue



# The Rescue



#### Who Needs to Know?

- 1. Notify my club
  - a) Phone call from the hillside
- 2. Notify my family
  - a) Another phone call from the hillside
- 3. Notify NTSB
  - a) NTSB Form 6120.1
- 4. Notify FAA
  - a) FAA Form 8020-23
- 5. Identify and notify land owner
  - a) Who actually owns the land
- 6. Notify insurance company

#### Parties Vested in my Success

#### 1. My Flying Club

- a. CFIG and DPE ground and flight instruction to fill gaps in training and foster good judgement and flying skills in similar environment
- b. Mentoring to help me get back into flying
- 2. The FAA
  - a. FSDO examiner Form 709 reexamination
- 3. My Fellow Pilots
  - a. Provided a wealth of knowledge, articles, empathy and encouragement

#### Flight Analysis - Background

- 1. Advancing my soaring abilities was a priority
- 2. Bishop and cross country was the goal
- 3. My plan
  - a) Read everything soaring and XC related
  - b) Thermal camp (attended 2014)
  - c) XC camp (attended 2015)
  - d) Silver badge (completed 2015)
  - e) Aggressive XC Mentoring (2015-2016)
  - f) Solo 300k (accomplished 2016)
  - g) BISHOP (enrolled for 2017 with aim to complete my Gold badge)

#### Flight Analysis - Background

- 1. But the plan had a hidden gap
  - a) My training focus was get high, stay high, and maintain safe glide to paved airports
  - b) Terrain proximity flight skills development therefore took a back seat and was merely knowledge based without a solid foundation of practical training

#### **Bishop**

- 1. Best intentions
  - a) Prepare glider, equipment and pilot
  - b) Take time traveling to Bishop
  - c) Orientation flight on first day (not solo)
- 2. The reality
  - a) Final 30 miles to Bishop were stressful
    - a) Breakdown on the road
  - b) Orientation flight day not as planned
    - a) Mental Stress (frustrations)
    - b) Physical Stress (daytime temp over 100°)
    - c) Rushing (led to flight computer not setup)

#### So Why Did I Fly That Day

- 1. Three years of anticipation and planning
- 2. I thought I was fit enough to fly (I have flown fine in other places when I felt off and didn't crash)
- 3. I was on a mission (complete my Gold badge)

#### Analysis and Healing

- 1. Debrief thoroughly (with experts)
- 2. Accept responsibility (this was 100% on me)
- 3. Share the story (but not too often)
- 4. Be open to empathy, advice and criticism (I got plenty of all three)
- 5. Get back in the saddle (before the demons in my head take over)

#### And importantly

1. Take my time getting current again (my mind needs to heal)

#### The Weather

1. Clear with no wind on the ground and 10 knot gusts near the terrain at altitude

# Pilot Experience

- 1. Total hours in gliders = 290
- 2. Hours last 90 days = 22
- 3. Hours last 30 days = 13
- 4. Total hours in VN = 1
- 5. Total fights in VN = 1
- 6. Total ridge soaring training = 0

#### Major Contributory Elements

- 1. Overconfidence
- 2. Mental preparedness and focus
- 3. Situational awareness and knowing my limitations
- 4. Ridge flying fundamentals not followed
  - 1. All turns away from ridge
  - 2. Always have an escape route
  - 3. Fly faster when close to terrain to manage wind shear

#### My Lessons Learned

- Acknowledge my limitations and get formal training to fill gaps
- I can never have too much local knowledge
- I will set and periodically re-evaluate my personal safety minimums and stick to them
- My pre-flight checklist now includes "don't fly if not physically AND mentally good to go"
- I will Acknowledge the trap of Plan Continuation Bias prior to, and throughout every flight (no flight is worth my life)
- I will always have a safe exit route available
- A well stocked landout kit works

#### Supplemental Reading

- 1. Why Smart Pilots Crash
  - a) https://www.avweb.com/news/features/Why-Smart-Pilots-Crash-229682-1.html
- 2. Working Ridges
  - a) Compilation of articles offered through Valley Soaring Association www.pacificsoaring.org/articles/2010/Working-The-Ridge-VSA-0116-2010-Kempton-Izuno.pdf
- 3. Getting on Top of the White Mountains
  - a) https://www.soarthesierra.com/tutorials/getting-ontop-of-the-white-mountains/
- 4. The Soaring Engine
  - a) Book by G. Dale



#### Questions?